



Once you're home, what should you do with your kit?

1. Fill out the form

- Review your form every six (6) months or when there are changes to your medical history.
- The form is also available on the municipality website: dieppe.ca/frigomed

2. Place the envelope on top of your refrigerator

- Insert the completed form in the envelope. You can also include relevant documents, such as:
- A copy of important test results
- A DNR (Do Not Resuscitate) document
- Place the envelope in a visible spot on top of your refrigerator.

3. Place the magnet on your refrigerator

- Attach the magnet to your refrigerator to let first responders know that you are participating in the program.



INFO:

info@dieppe.ca

506.877.7900

